

# WHAT'S FOR LUNCH?

## WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN (OPTION 1)</b>	Pasta Primavera with Vegetable and Cheese Sauce  GLUTEN & MILK	Beef Cottage Pie  MILK	Pizza Margherita  GLUTEN & MILK	Coconut Chicken Curry	Home Made Fish Goujons  FISH, EGGS & GLUTEN
<b>MAIN (OPTION 2)</b>	As Option 1  GLUTEN FREE AVAILABLE	Vegetable Cottage Pie  SOYA & MILK	As Option 1  GLUTEN FREE AVAILABLE	Basmati Rice	Carrot & Courgette Fritter
<b>SIDES</b>  Where main includes, portion will be offered as optional extra	Wholemeal Bread  GLUTEN		Crispi Mini Potato Wedges	Chickpea Curry	Oven Bake Chips Tartare Sauce with Capers & Cornichons
<b>VEGETABLES</b>	Roasted Broccoli	Roasted Carrots	Green Beans	Mix Seasonal Vegetable	Petit Pois
<b>EXTRAS</b>	Greek Yoghurt with Honey & Fruit Served Daily  Tuesday Marble Cake Thursday Apple Sponge Traybake  EGGS, GLUTEN & MILK				

# WHAT'S FOR LUNCH?

## WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN (OPTION 1)</b>	Roasted Vegetable Pasta with Tomato Basil Sauce  GLUTEN	Beef Chilli Con Carne	Roasted Chicken Drumsticks	Lamb Keema Curry	Fishcakes  FISH, GLUTEN & EGGS
<b>MAIN (OPTION 2)</b>	Pesto Pasta  GLUTEN	Vegetable Chilli Con Carne  SOYA	Roasted Cauliflower	Lentil & Vegetable Curry	Onion Bhaji
<b>SIDES</b>  Where main includes, portion will be offered as optional extra	Garlic Wholemeal Bread  GLUTEN	Basmati Rice	Roasted Potatoes	Basmati Rice	Oven Bake Chips  Tartare Sauce with Capers & Cornichons
<b>VEGETABLES</b>	Sweetcorn	Roasted Broccoli	Roasted Carrots	Roasted Cauliflower	Peas & Baby Carrots
<b>EXTRAS</b>	Greek Yoghurt with Honey & Fresh Fruit Available Daily  Tuesday Chocolate Traybake, Thursday Lemon Drizzle Traybake  EGGS, MILK & GLUTEN				

# WHAT'S FOR LUNCH?

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN (OPTION 1)</b>	Cheesy Macaroni Pasta  GLUTEN & MILK	Sweet & Sour Chicken	Build Your Own Jacket Potato	Chicken Biryani	Homemade Fish Bites  FISH, EGGS & GLUTEN
<b>MAIN (OPTION 2)</b>	As Option 1  GLUTEN FREE AVAILABLE	Asian Stir-Fry Vegetables  SOYA	As Option 1  GLUTEN FREE AVAILABLE	Vegetable Biryani	Vegetable Pakora
<b>SIDES</b> Where main includes, portion will be offered as optional extra	Garlic & Rosemary Focaccia  GLUTEN	Steamy Noodles  GLUTEN & EGG	Beef Chilli, Cheddar, Baked Beans  MILK	Basmati Rice	Oven Bake Chips Tartare Sauce with Capers & Cornichons
<b>VEGETABLES</b>	Roasted Broccoli	Simple Greens with Garlic	Green Beans	Rosemary Cauliflower	Baked Beans
<b>EXTRAS</b>	Greek Yoghurt with Honey & Fruit Served Daily Tuesday Carrot Cake Thursday Vanilla Traybake  EGGS, GLUTEN & MILK				

