Week One Menu Spring 24

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| --- | --- | --- | --- | --- |
| Monday  | Tuesday | Wednesday | Thursday | Friday |
| **Main** |
| Vegetable Pasta served with Garli Bread (w) | Chicken Hotdogs with Beans & salad(w) | Beef burger with chips(G) (D) | BBQ Chicken with Rice  | Cod fish fingers.(F) |
| Vegetable dahl withbasmati rice (D)ND) | Quorn sausages as above(G) (ND) | Vegetable burger(G)(ND) | Quorn roast with Rice | Tofu with a miso glaze served with chips or noodles.(ND) |
| Jacket potato with cheese or tuna(D)(F) | Jacket potato with cheese or tuna(D)(F) | Jacket potato with coleslaw(D) | Jacket potato with beans(ND) | Jacket potato with ratatouille(ND) |
| **Vegetables** |
| Glazed carrots &cauliflower | Seasonal greens | Baked beans | Carrots and peas | Peas and sweetcorn mix |
| **Dessert** |
| Apple & cinnamoncrumble orcut fruit and yogurt.(D) | Poached pear & chocolate sauce(D) | Greek Yogurt with Honey or fruit Compote | Apple cobbler withcustard | Arctic rollor yogurt(D) (E) |
| Fresh fruit | Fresh fruit | Fresh fruit | Fresh fruit | Fresh fruit |

Week Two Menu Spring Term 24

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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| **Main** |
| Mac& Cheese | Yasmin’s chicken biryani | Margherita Pizza with seasoned wedges | Chicken Tika served with Fragrant Rice & Naan Bread(D) | Fish cakes or fish fingers with jacket wedges(F) |
| Roasted veg pasta bake(G)(D) | Vegetable biryani | Classic Spaghetti Pomodoro with fresh Basil | Vegetable Tika (ND) | Cheese and tomato flan(D) |
| Jacket potato with cheese or tuna (D)(F) | Jacket potato with tuna and sweetcorn (F) | Jacket potato with chili (ND) | Jacket potato with cheese (D) | Jacket potato with vegetable curry (ND) |
| **Vegetables** |
| Green beans | Diced swede & carrots | Peas & sweetcorn | Cauliflower & carrots | Garden peas & spaghetti rings |
| **Dessert** |
| Fruit whiporyogurt(D) | Apple & banana crisp(D)with custardoryogurt (D) | Chocolate cake with chocolate sauce(D)(G)(E)orcut fruit & yogurt. (D) | Oaty & apple slice with custard orcut fruit and yogurt (D) | Fruit jellyorfruit & yogurt (D) |
| Fresh fruit | Fresh fruit | Fresh fruit | Fresh fruit | Fresh fruit |

Week Three Menu Summer Term 24

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| **Main** |
| Penna Arrabiata  & Garlic Bread G) | Reginas Chicken Jollof  | Keema Matar (Beef curry & peas)Basmati Rice | Traditional Lasagna (D) | Fish fritters and chips.(F)(ND) |
| Mexican Burrito with cheese and beans | Vegetable Jollof | Aloo Palak (Spinach & Potato) | Vegetable Lasagna.(ND) | Vegetable stir fry with noodles.(ND) |
| Jacket potato with baked beans (ND) | Jacket potato with cheese or tuna (F)(D) | Jacket potato with tuna & mayonnaise(F)(D) | Jacket potato with cheese(D) | Double baked jacket potato (ND) |
| **vegetables** |
| Green beans & carrots | Sweetcorn & peppers | Steamed mixed vegetables | Broccoli florets | Beans |
| **Dessert** |
| Fruit crumble & custard (D)orcut fruit & yogurt (D) | Carrot Cake  cut fruit & yogurt (D) | Fresh Fruit Saladorcut fruit & yogurt (D) |  Fruit Trifle  | Ice-cream (D)orcut fruit & yogurt (D) |
| Fresh fruit | Fresh fruit | Fresh fruit | Fresh fruit | Fresh fruit |

Afterschool Club Menu summer Term 24

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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| **Week 1 Option 1** |
| Lamb samosa | BBQ chicken wings | Homemade chicken sausage rolls | Chicken patty | Margarita pizza |
| **Option 2 (Vegetarian)** |
| Vegetable samosa | Vegetable nuggets | Homemade vegetable sausage rolls | Vegetable patty | Margarita pizza |
| **Week 2 Option 1** |
| Cheese & tomato tortilla | Lamb burgers | Lasagne & garlic bread | Hot dog | Pancakes with jam or chocolate spread |
| **Option 2 (Vegetarian)** |
| Cheese & tomato tortilla | Veggie burgers | Lasagne & garlic bread | Veggie dog | Pancakes with jam or chocolate spread |