Week One Menu Spring 24

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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| **Main** | | | | |
| Vegetable Pasta served with Garli Bread (w) | Chicken Hotdogs with Beans & salad  (w) | Beef burger with chips  (G) (D) | BBQ Chicken with Rice | Cod fish fingers.  (F) |
| Vegetable dahl with  basmati rice (D)ND) | Quorn sausages as above  (G) (ND) | Vegetable burger  (G)(ND) | Quorn roast with Rice | Tofu with a miso glaze served with chips or noodles.  (ND) |
| Jacket potato with cheese or tuna  (D)(F) | Jacket potato with cheese or tuna  (D)(F) | Jacket potato with coleslaw  (D) | Jacket potato with beans  (ND) | Jacket potato with ratatouille  (ND) |
| **Vegetables** | | | | |
| Glazed carrots &  cauliflower | Seasonal greens | Baked beans | Carrots and peas | Peas and sweetcorn mix |
| **Dessert** | | | | |
| Apple & cinnamon  crumble or  cut fruit and yogurt.  (D) | Poached pear & chocolate sauce  (D) | Greek Yogurt with Honey or fruit Compote | Apple cobbler with  custard | Arctic roll or yogurt  (D) (E) |
| Fresh fruit | Fresh fruit | Fresh fruit | Fresh fruit | Fresh fruit |

Week Two Menu Spring Term 24

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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| **Main** | | | | |
| Mac& Cheese | Yasmin’s chicken biryani | Margherita Pizza with seasoned wedges | Chicken Tika served with  Fragrant Rice & Naan Bread  (D) | Fish cakes or fish fingers with jacket wedges  (F) |
| Roasted veg pasta bake(G)(D) | Vegetable biryani | Classic Spaghetti Pomodoro with fresh Basil | Vegetable Tika  (ND) | Cheese and tomato flan(D) |
| Jacket potato with cheese or tuna (D)(F) | Jacket potato with tuna and sweetcorn (F) | Jacket potato with chili (ND) | Jacket potato with cheese (D) | Jacket potato with vegetable curry (ND) |
| **Vegetables** | | | | |
| Green beans | Diced swede & carrots | Peas & sweetcorn | Cauliflower & carrots | Garden peas & spaghetti rings |
| **Dessert** | | | | |
| Fruit whip  or  yogurt  (D) | Apple & banana crisp(D)  with custard  or  yogurt (D) | Chocolate cake with chocolate sauce(D)(G)(E)  or  cut fruit & yogurt. (D) | Oaty & apple slice with custard or  cut fruit and yogurt (D) | Fruit jelly  or  fruit & yogurt (D) |
| Fresh fruit | Fresh fruit | Fresh fruit | Fresh fruit | Fresh fruit |

Week Three Menu Summer Term 24

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| **Main** | | | | |
| Penna Arrabiata  & Garlic Bread G) | Reginas Chicken Jollof | Keema Matar  (Beef curry & peas)  Basmati Rice | Traditional Lasagna (D) | Fish fritters and chips.  (F)(ND) |
| Mexican Burrito with cheese and beans | Vegetable Jollof | Aloo Palak  (Spinach & Potato) | Vegetable Lasagna.  (ND) | Vegetable stir fry with noodles.  (ND) |
| Jacket potato with baked beans (ND) | Jacket potato with cheese or tuna (F)(D) | Jacket potato with tuna & mayonnaise(F)(D) | Jacket potato with cheese(D) | Double baked jacket potato (ND) |
| **vegetables** | | | | |
| Green beans & carrots | Sweetcorn & peppers | Steamed mixed vegetables | Broccoli florets | Beans |
| **Dessert** | | | | |
| Fruit crumble & custard (D)  or  cut fruit & yogurt (D) | Carrot Cake  cut fruit & yogurt (D) | Fresh Fruit Salad  or  cut fruit & yogurt (D) | Fruit Trifle | Ice-cream (D)  or  cut fruit & yogurt (D) |
| Fresh fruit | Fresh fruit | Fresh fruit | Fresh fruit | Fresh fruit |

Afterschool Club Menu summer Term 24

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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| **Week 1 Option 1** | | | | |
| Lamb samosa | BBQ chicken wings | Homemade chicken sausage rolls | Chicken patty | Margarita pizza |
| **Option 2 (Vegetarian)** | | | | |
| Vegetable samosa | Vegetable nuggets | Homemade vegetable sausage rolls | Vegetable patty | Margarita pizza |
| **Week 2 Option 1** | | | | |
| Cheese & tomato tortilla | Lamb burgers | Lasagne & garlic bread | Hot dog | Pancakes with jam or chocolate spread |
| **Option 2 (Vegetarian)** | | | | |
| Cheese & tomato tortilla | Veggie burgers | Lasagne & garlic bread | Veggie dog | Pancakes with jam or chocolate spread |