

# Lancasterian Primary School

## Personal, Social and Health Education (PSHE) and Citizenship Policy



Version No.	Date	Approved by	Review Frequency	Review Date
3	January 2023	Governors	+2 Years	January 2025

### Rationale

At Lancasterian Primary School we believe that the personal, social and health development of each child, in conjunction with their citizenship skills, has a significant role in their ability to learn. This policy has been written in accordance with current statutory guidance and is to be read in association with the school's Sex & Relationships Policy, Spiritual Moral Social Cultural (SMSC) Policy, Behaviour Policy, Equal Opportunities Policy and Inclusion Policy.

We believe 'personal' to mean the emotional and physical being of each child, the 'social' to be the interaction of each individual with others, and in a wider context, their place as citizens in the community and 'health' to be each child's mental and physical fitness. PSHE and Citizenship will enable children to practice specific skills in structured contexts and in their daily school life. We believe that this will empower children to make decisions about their own development as individuals.

We promote PSHE and Citizenship through:

- the intentional and direct promotion of personal, social and health development, for example, through the modelled behaviour of adults in the school community;
- the discrete teaching of PSHE and Citizenship with specific and identified areas for development highlighted in PSHE and citizenship school curriculum map and Votes for Schools lessons;
- the integration of PSHE and Citizenship in all areas of the National Curriculum by developing cross curricular links with, in particular, Science and Religious Education;
- consideration of the holistic needs of every child with regard to their age, race, gender, sexual identity, culture, religion and faith;
- the development of each child's ability to work as part of a team, become active within their school community and recognise the qualities of good citizenship;
- the involvement of the parent/carers community through having excellent home school links and school events.

### Aims and Objectives of the PSHE policy:

In accordance with the school's aims and objectives, and those identified by the DfE, the following information outlines what we seek to achieve.

#### To establish an ethos which actively promotes PSHE and Citizenship

- Use of class and hall displays to celebrate children's work
- Encouraging everybody to take responsibility for their actions through agreement of class and whole school rules
- Involving children in the setting of targets for their learning
- Encouraging children to recognise and respect differences between people
- Electing school house captains in a democratic manner to involve them in the direction of the school

Through our promotion of PSHE we are also promoting Fundamental British values within our school ethos.

#### To provide a clear, progressive and differentiated PSHE and Citizenship Curriculum

- Through the school's curriculum map (Taken from PSHE Association)
- Through Votes for Schools each week
- Supporting children in their learning and emotional well-being through various initiatives such as the involvement of various outside agencies, e.g. CAMHS, Tottenham Hotspurs study support groups, NSPCC, London Fire Brigade and the Police liaison officers
- Providing opportunities for the Circle Time with clear circle 'rules'
- Through class visits which widen the children's experience beyond the immediate local environment
- Coming together as a school for assemblies, including celebrating the work of individual year groups at class assemblies, and involving the wider school community at musical concerts and seasonal events
- Planning curriculum events, which encourage the school to work together, for example Black History Month, Book Days, Sports Day, Inclusion afternoons with the Vale School, achievement assemblies, reward assemblies and happy book

#### To promote a healthy lifestyle and self-confidence

- Providing a range of before and after school clubs, including football, lunch time clubs, staff-fitness club, dance, basketball, chess, ICT, art, breakfast and after school clubs which foster a healthy lifestyle and encourage children to recognise and explore their individual talents and interests
- Providing opportunities outside of the immediate school environment to promote awareness of life skills, i.e. all children go on trips and children in Yr6 get the opportunity to go to Pendarren outdoor education centre in Wales - children in KS2 are also taken for regular weekly swimming lessons
- Providing opportunities in school for children to learn how to play a musical instrument
- Raising children's awareness of how to stay safe and healthy, for example, through visits from the local Police Officer, theatre groups, drugs and sex education and cycle proficiency training
- Encouraging children to take responsibility within their school through initiatives such as 'peer mediators' and monitors

#### To involve the whole school community

- Welcoming the PSA and their involvement with the school
- Encouraging parents / carers to support trips and whole school events, for example, listening to children read during Guided reading sessions
- Producing weekly newsletters
- Inviting parents to drop-in sessions, parent consultations, and our very successful bring-a-parent mornings
- Parents/carers notice boards
- Organising activities and events which involve the wider community, including the school fairs, concerts, links with local religious places of Worship such as St Martins church, Synagogue in Muswell Hill, the local Mosque, Bruce castle Museum, Tottenham Hotspurs and links with the local council through Remembrance day, Holocaust Memorial service events and family learning
- Welcoming the contribution of the school governors who play a valuable role in the development of the school.

#### **Organisation of PSHE and Citizenship:**

Teachers have a timetabled slot for PSHE every other week and follow the curriculum map in these lessons. They also have a weekly timetabled slot in which they complete Votes for Schools. Votes for Schools provides a weekly discussion for children around a current issue. It allows for teaching of SMSC, British Values, Prevent and directly supports PSHE and Citizenship lessons. The children then make an informed vote, deepening their understanding of democratic practice and debate.

Teachers use their daily timetable flexibly to ensure that areas highlighted in the curriculum map are covered, as well as planning cross-curricular opportunities where most appropriate. Teachers are expected to consider ways throughout the school day to develop children's spiritual, moral, social and cultural

learning including their understanding of Fundamental British Values, which are also covered in half termly assemblies.

Time will be set aside for the school vice and house captains to discuss matters with their respective classes and attend meetings. Children will also be encouraged to use their own time to discuss vice and house captain meetings with their peers.

**The SMSC Leader leads PSHE and Citizenship. They will:**

- Write an annual action plan and evaluate progress throughout the year
- Oversee and implement the policy
- Attend relevant INSET and provide appropriate feedback to staff
- Monitor, evaluate and assess PSHE and Citizenship work in partnership with teaching staff
- Liaise with outside agencies, including the LEA
- Organise PSHE and Citizenship events in consultation with the Head Teacher and staff

**Monitoring, Evaluation and Assessment:**

The PSHE and Citizenship policy will be monitored through planning, work samples, questionnaires, lesson practices, learning walks, displays around the school and dialogue with children and staff.