

Lancasterian Primary School

A safe and welcoming learning community where:

- we all aim high;
- everyone is included;
- creativity is valued.



KS1/2 Curriculum Map

PSHE

| | Y1 | Y2 | Y3 | Y4 | Y5 | Y6 |
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| Autumn 1 | <p>Living in the Wider World</p> <ul style="list-style-type: none"> • Children will learn: <ul style="list-style-type: none"> ➢ about how our values characters behave ➢ about group and class rules and why they are important ➢ about respecting the needs of ourselves and others | <p>Living in the Wider World</p> <ul style="list-style-type: none"> • Children will learn: <ul style="list-style-type: none"> ➢ about how our values apply within school and community ➢ about groups and communities that they belong to ➢ about the people who work in their community how to get help, including in an emergency | <p>Health and Wellbeing</p> <ul style="list-style-type: none"> • Children will learn: <ul style="list-style-type: none"> ➢ to recognise their achievements and set personal targets for the future ➢ about a wider range of feelings, both good and not so good ➢ that people can experience conflicting feelings at the same time ➢ about describing their feelings to others ➢ about the kinds of change that happen in life and the feelings associated with this | <p>Health and Wellbeing</p> <ul style="list-style-type: none"> • Children will learn: <ul style="list-style-type: none"> ➢ about what makes a 'balanced lifestyle' ➢ about making choices in relation to health ➢ about what makes up a balanced diet ➢ about opportunities they have to make their own choices about food and about what influences their choices about food ➢ that images in the media do not necessarily reflect reality | <p>Health and Wellbeing</p> <ul style="list-style-type: none"> • Children will learn: <ul style="list-style-type: none"> ➢ about positivity and negativity affects health and wellbeing (including mental and emotional health) ➢ about developing skills to help make their own choices about food ➢ how having high aspirations can support personal achievements ➢ how to further describe the range and intensity of their feelings to others | <p>Health and Wellbeing</p> <ul style="list-style-type: none"> • Children will learn: <ul style="list-style-type: none"> ➢ how images in the media can distort reality ➢ that this can affect how people feel about themselves ➢ about coping with change and transition - how this relates to bereavement and the process of grieving ➢ about independence, increased responsibility and keeping safe strategies for managing risk |
| Autumn 2 | <p>Living in the Wider World</p> <ul style="list-style-type: none"> • Children will learn: <ul style="list-style-type: none"> ➢ that everybody is unique ➢ about the ways we are the same as other people | <p>Living in the Wider World</p> <ul style="list-style-type: none"> • Children will learn: <ul style="list-style-type: none"> ➢ about looking after the local environment ➢ about where money comes from and what it is used for and about how to keep money safe | <p>Health and Wellbeing</p> <ul style="list-style-type: none"> • Children will learn: <ul style="list-style-type: none"> ➢ about feeling negative pressure and how to manage this ➢ about the importance of school rules for health and safety ➢ about how to get help in an emergency | <p>Health and Wellbeing</p> <ul style="list-style-type: none"> • Children will learn: <ul style="list-style-type: none"> ➢ that simple hygiene routines can prevent the spread of bacteria and viruses ➢ about what is meant by a habit ➢ how habits can be hard to change | <p>Health and Wellbeing</p> <ul style="list-style-type: none"> • Children will learn: <ul style="list-style-type: none"> ➢ how the spread of infection can be prevented ➢ about different influences on behaviour, including peer pressure and media influence | <p>Health and Wellbeing</p> <ul style="list-style-type: none"> • Children will learn: <ul style="list-style-type: none"> ➢ about some of the risks and effects of legal and illegal substances (drugs – including medicines, alcohol and tobacco) ➢ about strategies for managing personal safety - local environment |

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| | | | <ul style="list-style-type: none"> ➤ about drugs that are common in everyday life (medicines, caffeine, alcohol and tobacco) ➤ about people who help them stay healthy and safe ➤ about keeping safe online | <ul style="list-style-type: none"> ➤ about keeping safe online ➤ about keeping safe in the local environment | <ul style="list-style-type: none"> ➤ how to resist unhelpful pressure and ask for help ➤ about the skills needed in an emergency ➤ about habits (in relation to drug, alcohol and tobacco education) ➤ how to keep safe and well when using a mobile phone | <ul style="list-style-type: none"> ➤ about strategies for managing personal safety – online ➤ what to consider before sharing pictures of themselves and others online |
| Spring 1 | <p>Relationships</p> <ul style="list-style-type: none"> • Children will learn: <ul style="list-style-type: none"> ➤ how to recognise how other people are feeling and about sharing their own feelings with others ➤ about different types of behaviour and how this can make others feel ➤ about listening to others and playing cooperatively | <p>Relationships</p> <ul style="list-style-type: none"> • Children will learn: <ul style="list-style-type: none"> ➤ about the importance of not keeping secrets that make them feel uncomfortable, anxious or afraid ➤ to share their views and opinions with others ➤ about special people in their lives | <p>Relationships</p> <ul style="list-style-type: none"> • Children will learn: <ul style="list-style-type: none"> ➤ to recognise a wider range of feelings in others ➤ about responding to how others are feeling ➤ about what makes a positive, healthy relationship, including friendships ➤ about differences and similarities between people, but understand everyone is equal ➤ that when we burn fuels we effect the climate | <p>Relationships</p> <ul style="list-style-type: none"> • Children will learn: <ul style="list-style-type: none"> ➤ how actions can affect ourselves and others ➤ about the difference between acceptable and unacceptable physical contact ➤ how to respond to unacceptable physical contact ➤ about the concept of keeping something confidential or secret ➤ about when they should or should not agree to keeping a secret | <p>Relationships</p> <ul style="list-style-type: none"> • Children will learn: <ul style="list-style-type: none"> ➤ about the factors that make people the same or different ➤ to recognise and challenge ‘stereotypes’ ➤ about the correct use of the terms sex, gender identity and sexual orientation ➤ about discrimination, teasing, bullying and aggressive behaviour and its effect on others ➤ to recognise and manage dares ➤ about the importance of keeping personal boundaries and the right to privacy | <p>Relationships</p> <ul style="list-style-type: none"> • Children will learn: <ul style="list-style-type: none"> ➤ about what constitutes a healthy/unhealthy relationship ➤ about different types of relationships (friends, families, couples, marriage, civil partnership) ➤ that to force anyone into marriage (forced marriage) is illegal about the importance speaking out about forced marriage ➤ about judging whether physical contact is acceptable or unacceptable and how to respond |
| Spring 2 | <p>Relationships</p> <ul style="list-style-type: none"> • Children will learn: <ul style="list-style-type: none"> ➤ about the importance for respect for the differences and similarities between people ➤ that bodies and feelings can be hurt ➤ to understand what bullying is and who they can go to for help | <p>Relationships</p> <ul style="list-style-type: none"> • Children will learn: <ul style="list-style-type: none"> ➤ about appropriate and inappropriate touch ➤ that bodies and feelings can be hurt ➤ that hurtful teasing and bullying is wrong ➤ what to do if teasing and bullying is happening ➤ the effects plastic pollution is having on the environment | <p>Relationships</p> <ul style="list-style-type: none"> • Children will learn: <ul style="list-style-type: none"> ➤ how to listen and respond respectfully to a wide range of people ➤ about sharing their points of view ➤ about working collaboratively toward shared goals ➤ about solving disputes and conflict amongst themselves and their peers | <p>Relationships</p> <ul style="list-style-type: none"> • Children will learn: <ul style="list-style-type: none"> ➤ to recognise different forms of bullying ➤ how to respond and ask for help ➤ to recognise and manage dares ➤ about what is meant by ‘stereotypes’ ➤ about the importance of keeping personal boundaries and the right to privacy | <p>Living in the Wider World</p> <ul style="list-style-type: none"> • Children will learn: <ul style="list-style-type: none"> ➤ why and how laws are rules and laws are made ➤ how to take part in making and changing rules ➤ how anti-social behaviours can affect wellbeing ➤ how to handle, challenge or respond to anti-social or aggressive behaviours ➤ To appreciate the range of national, regional, | <p>Relationships</p> <ul style="list-style-type: none"> • Children will learn: <ul style="list-style-type: none"> ➤ about confidentiality ➤ about times when it is appropriate and necessary to break a confidence ➤ to respectfully listen to others but raise concerns and challenge points of view when necessary ➤ negotiation and compromise strategies to resolve disputes and conflict |

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| | | | ➤ to recognise different forms of bullying | | religious and ethnic identities of people living in the UK | ➤ about the importance of keeping personal boundaries and the right to privacy |
| Summer 1 | <p>Health and Wellbeing</p> <ul style="list-style-type: none"> Children will learn: <ul style="list-style-type: none"> ➤ about making healthy choices ➤ about basic personal hygiene routines and why these are important ➤ that household products, including medicines, can be harmful if not used correctly ➤ about rules for keeping safe (in familiar and unfamiliar situations) ➤ how to ask for help if they are worried about something ➤ about the importance of keeping the school environment clean and tidy | <p>Health and Wellbeing</p> <ul style="list-style-type: none"> Children will learn: <ul style="list-style-type: none"> ➤ about some of the things that keep our bodies healthy (physical activity, sleep, rest, healthy food) ➤ about simple strategies to manage feelings ➤ about how it feels when there is change or loss ➤ about growing, changing and becoming more independent ➤ to recognise what they are good at and set simple goals ➤ about privacy in different contexts | <p>Living in the Wider World</p> <ul style="list-style-type: none"> Children will learn: <ul style="list-style-type: none"> ➤ about the ways in which rules and laws keep people safe ➤ that everyone has human rights (and that children have their own set of human rights) ➤ about the UN declaration on the Rights of the Child ➤ about their responsibilities, rights and duties (home, school and the environment) | <p>Living in the Wider World</p> <ul style="list-style-type: none"> Children will learn: <ul style="list-style-type: none"> ➤ what anti-social behaviour is and how it can affect people how to get help or support ➤ about the role of money ➤ ways of managing money (budgeting and saving) ➤ that information presented in the media can be misleading ➤ to appreciate difference and diversity (people living in the UK) ➤ about the values and customs of people around the world ➤ about environmental disasters unfolding around the world | <p>Living in the Wider World</p> <ul style="list-style-type: none"> Children will learn: <ul style="list-style-type: none"> ➤ what it takes to set up an enterprise ➤ about what enterprise means for work and society ➤ to be critical of what they see and read in the media ➤ to critically consider information they choose to forward to others ➤ about the lives, values and customs of people living in other places ➤ about how we can we can fight climate change at community level | <p>Living in the Wider World</p> <ul style="list-style-type: none"> Children will learn: <ul style="list-style-type: none"> ➤ how finance plays an important part in people's lives ➤ about being a critical consumer ➤ about what is meant by 'interest', 'loan', 'debt' ➤ about the importance of looking after money, including managing loans and debts ➤ that people pay 'tax' to contribute to society ➤ about deforestation and the effects it is having |
| Summer 2 | <p>RSE:</p> <ul style="list-style-type: none"> Growing and caring for ourselves: <ul style="list-style-type: none"> ➤ Lesson 1: Keeping clean ➤ Lesson 2: Growing and changing ➤ Lesson 3: Families and care | <p>RSE:</p> <ul style="list-style-type: none"> Differences: <ul style="list-style-type: none"> ➤ Lesson 1: Boys and girls ➤ Lesson 2: Male and female ➤ Lesson 3: Naming the body parts | <p>RSE:</p> <ul style="list-style-type: none"> Valuing differences and keeping safe: <ul style="list-style-type: none"> ➤ Lesson 1: Male and female ➤ Lesson 2: Personal space ➤ Lesson 3: Family differences | <p>RSE:</p> <ul style="list-style-type: none"> Growing up: <ul style="list-style-type: none"> ➤ Lesson 1: Growing and changing ➤ Lesson 2: What is puberty? ➤ Lesson 3: Puberty changes and reproduction | <p>RSE</p> <ul style="list-style-type: none"> Puberty: <ul style="list-style-type: none"> ➤ Lesson 1: Talking about puberty ➤ Lesson 2: Male and female changes ➤ Lesson 3: Puberty and hygiene | <p>RSE</p> <ul style="list-style-type: none"> Puberty, relationships and reproduction <ul style="list-style-type: none"> ➤ Lesson 1: Puberty and reproduction ➤ Lesson 2: Understanding relationships ➤ Lesson 3: Conception in pregnancy ➤ Lesson 4: Communication in relationships |

IT Resources

LGFL - [Busythings](#) - Citizenship

LGFL – [Developing British Values](#)

LGFL – [Celebrating Us](#)